



Navy and Marine Corps Public Health Center "Quick Hits"

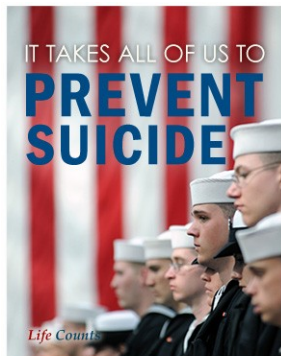


April 2012

Suicide Prevention

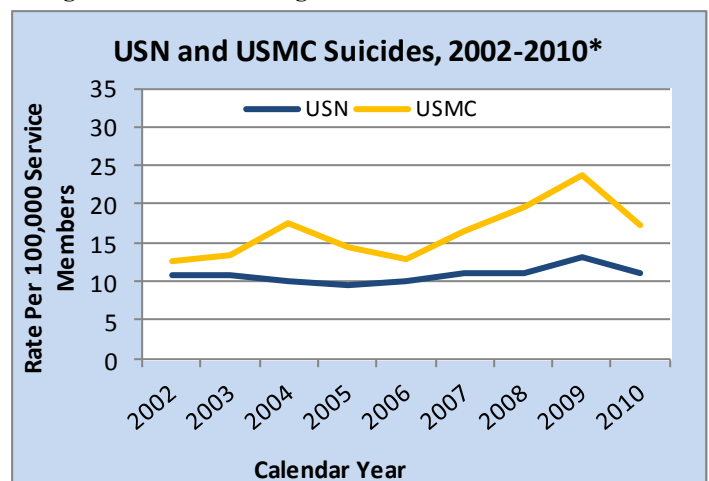
Suicide is the second leading cause of death in the U.S. Military. Suicide rates among service personnel vary between the services (Figure 1). From January 2012 to present, there have been 11 USN and 8 USMC confirmed suicides. Recognizing the complexity surrounding the decision to complete suicide, three departments within the NMCPHC are engaged in supporting USN and USMC suicide prevention efforts.

The [EpiData Center \(EDC\)](#) and [Health Analysis Department \(HAD\)](#) are actively assisting DON in suicide prevention efforts by providing epidemiologic services ranging from special surveillance projects, data analysis of patient care, metric development and program evaluations, among others, to support data



driven decisions regarding suicide prevention programs. The Health Promotion Wellness (HPW) Department has developed a number of awareness and educational resources to promote suicide prevention DON efforts. This includes ready to use website resources, posters, brochures, presentations, and materials for the buddy/friend, Suicide Prevention Coordinator, Provider and Leadership. Together, these departments are working to prevent suicide by providing multi-disciplinary subject matter expertise in an effort to improve quality of life, prevent psychological injury and illness, and improve Navy and Marine Readiness.

Figure 1. Suicide Among USN and USMC Members



*Data obtained from Navy Personnel Command and MCCS Suicide Prevention

Important Resources for Suicide Prevention Information

► NMCPHC Suicide Prevention Resources

http://www.nmcphe.med.navy.mil/healthy_living/psychological_health/suicide_prevention/prevsuicide_resources.aspx

► NMCPHC Informational Flyer and Brochure

http://www.nmcphe.med.navy.mil/downloads/healthyliv/SuicidePrevention/no_sailor_or_marine_stands_alone_01.pdf

[Other Suicide Prevention Brochures & Flyers](#)



POC and Links

- NMCPHC Homepage: <http://www.nmcphe.med.navy.mil/>
- EDC Contact: edc@nehc.mar.med.navy.mil
- HA Contact: health-analysis@nehc.mar.med.navy.mil

